

TRAVELER

Toiletries	1	2	3	4
Sunscreen				
Shampoo and conditioner				
Toothpaste				
Floss				
Band aids				
Blister kit				
Nail clippers and file				
Wet wipes				
Small packs of tissues				
Toothbrush + holder				
Deodorant				
Comb/brush				
Hair bands				
Your daily face routine				
Razors				
Qtips				
Tweezers				
Glasses lens cleaner				
After bite (bug bites)				
Ear plugs				
Lip balm				
Feminine products				
Hand sanitizer				
Bug repellent				
liquid soap				
Electronics	1	2	3	4
Kindle				
Camera + memory cards				
Chargers for everything				
Batteries				
Power adaptor				

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Documents	1	2	3	4
Document keeper				
Printed itinerary+contacts				
Travel insurance docs				
Passports				
Visas				
Cash				
Medicines	1	2	3	4
Anti-diarrheal				
Probiotics				
Oral rehydration powder				
Antibiotics (emergencies)				
Antihistamine				
Ibuprofen				
Cortisone				
Any other important meds				
Other Gear/Stuff	1	2	3	4
Day pack				
Quick dry towel				
Wide mouth water bottle				
Clothesline				
Laundry bag				
Host gifts				
Playing cards				
Family journal				
Gallon size ziploc bags				
Notebook				
Pens/pencils				
Sarong				
Snacks				

